

THE SPIRIT OF WE

WE Trans- Formation

” We must begin to see ourselves as interconnected beings, and not as isolated individuals. It is about understanding our connection and responsibility for a larger whole. When we stop isolating ourselves, we sense this belonging, the feeling to be connected with everything. Our future needs a strong WE.

www.spirit-of-we.org

THE SPIRIT OF WE From I and US TO WE

In many areas of society as in some companies, people drift apart, become polarized and end up in endless debates, paralyzing prejudices, or even concrete conflicts. Topics such as „financial or refugee crises, terrorism, the gap between rich and poor, etc.“ split our societies internally and externally.

In order to heal these splits, we urgently need a change of consciousness, with feelings and action - not only at the individual but also at the collective level.

1-2 DAYS OF WE TRANSFORMATION

Wherever there is a conflict between people - in companies, organizations, public institutions, e.g., schools, cities, associations, etc., a WE consciousness is often disturbed or missing completely.

The BRIDGE is an instrument for initiating a WE process and breaking new ground together by asking questions like:

- How to develop a shared vision and human values?
- How to support WE feeling and WE consciousness?
- What common experiences will develop WE awareness?
- What concretely will bring us together?

The BRIDGE is a process of transformation in groups and teams that overcomes polarization, isolation and intolerance to facilitate the experience of connectedness, understanding, mindfulness, heartfulness and trust in the consciousness of WE.

THE BRIDGE is designed to energize the ongoing process of cooperation to create a greater WE consciousness. It's about (re-)connecting people to develop new solutions by integrating all stakeholders involved.



HOW DO WE WORK?

The participants or their representatives will get together for 1 to 2 days and explore solutions of topics important to them. To give this process the required awareness and fresh energy, the participants are guided through a holistic process by:

- verbal exploration
- dance and theater performance
- video-clip production
- active drawing
- constellation work
- essential coaching, etc.

1st day: gathering and exploration

2nd day: implementation

Follow through by training and coaching

WHO ARE WE?

Spirit of WE e.V. is an association for-non-profit founded by Stéphane Sabetti and represented in Germany by Joachim Armbruster.

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Spirit of WE e.V. – Association for promoting social, humanitarian and pioneering developments

Our board and some of our active member in this project:



Joachim Armbruster

- Managing Director of Life Works International
- International consultant, trainer, coach
- MBA, Advertising manager
- Event manager, media designer
- Nonmedical practitioner for psychotherapy (HeilPG)
- Systemic therapist and coach
- Instructor Process Inquiry®



Karin Schmutzler

- Dance-/expressive-/psychotherapist
- Therapist in Life Energy Process
- Therapeutical trainer in self-defence
- Trainer in communication/stress management
- Course instruktör in the field of relaxation
- Representative for adult education
- Training in Process Inquiry®



Klaus Wagner

- Bank Officer
- Cooperative bank economist
- Bachelor professional of Marketing
- Trainer ADG
- Marketing Manager ADG
- Coach NWA
- Training in Process Inquiry®

Sigrid Ertel

- Certificated nursery teacher
- Pedagogue in „motopädie“ and psychomotricity
- DBM, health practitioner
- Experiential pedagogue

Renate Köckeis

- Certified social pedagogue (FH)
- Nonmedical practitioner for psychotherapy (HeilPG) for body-/dance-/expressive therapy
- Körpersprache-/Burnout-Spezialistin

Brigitte Schuler

- Certificated pedagogue for primary school
- Teacher in special school for handicapped children
- Teacher in home schooling
- Breath and voice therapist

Helga Köhler

- Graduated as certificated pedagogue
- Nonmedical practitioner for psychotherapy (HeilPG)
- LEP Psychotherapist – Dansergia®
- Body-/dance-/psychotherapist

Thomas Fleck

- Musician (Conservatory Freiburg)
- Violinist at the MDR Syphony Orchestra
- Concert master in various orchestra

Dr. Karin Trübenbach

- Doctor (Psychosomatic Medicine/Trauma Therapy)